

Roland®  
**RMP-1**  
RHYTHM COACH PACK

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### It's a Fact...

The RMP-1 Rhythm Coach Pack gives students a great new way to practice drumming in almost total silence, thanks to its mesh V-Practice Pad (RP-2) and Rhythm Coach (RM-2) sound module. With this affordable package, students can develop timing, speed and endurance while playing to an integrated metronome and choosing from a variety of realistic drum sounds. The Rhythm Coach is great for use at home or in school.

- Affordable electronic drum practice system consisting of RP-2 8" V-Practice Pad and RM-2 Rhythm Coach sound module.
- Adjustable tension mesh head pad offers natural, acoustic feel and silent triggering.
- Includes 28 drum sounds for realistic practice.
- Onboard metronome with human voice count and rhythm training exercises.
- 1 dual-trigger or 2 single-trigger inputs for kick and snare triggering, a dual-trigger mesh V-pad or for two separate players.
- Mix input for practicing with a CD or other audio source.
- Battery or AC operation.
- Optional PDS-2 Pad Stand.
- The RMP-2 and RM-2 can also be purchased individually.

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### Restoring Factory Settings

A factory reset deletes all user settings that have been saved, and restores the original factory settings. Use the following procedure reset the RMP-1:

1. While holding down the SELECT, METRONOME and ▲ buttons, turn on the RMP-1's power.
2. Press the METRONOME button to complete the factory reset.

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### Listening to the Metronome

The RM-2 has a variety of different metronome sounds and features. Use the following procedure to listen to its metronome:

1. Press the METRONOME button to turn on the metronome.
2. Press ▲ or ▼ to adjust the tempo—the tempo range is 10 to 300 BPM.
3. Press METRONOME again to stop the metronome.

# TurboStart

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### Changing the Metronome Settings

Here's how to change the metronome's beat, rhythm type, sound, volume and display:

1. Press the SELECT button to choose the desired parameter: Beat, Rhythm or Type.

**Note:** Hold the SELECT button and press ▼ to view the choices in reverse order.

2. Press ▲ or ▼ to choose the desired value for the selected parameter. For more detailed information on each parameter, refer to the RMP-2 Owner's Manual, Pages 13-15.
3. Repeatedly press the SELECT button until you return to the normal tempo screen. You can also return to the this screen by holding down the SELECT button for at least two seconds.

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### Tapping In the Metronome's Tempo

You can set the metronome's tempo by tapping out the desired tempo. Use the following procedure to use the Tap Tempo feature:

1. Press the TAP button—the tempo value flashes.
2. Tap on the TAP button or on the pad several times at the desired tempo—the metronome matches the tempo you've played.
3. When you're satisfied with the metronome's tempo, hold down the TAP button for at least two seconds or press the SELECT / METRONOME button to confirm the metronome's new tempo.

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### Setting the Sound and the Sensitivity

The RM-2 features 28 different drum sounds, which can add rich expression to your performances. You can also fine-tune the sensitivity of your pad to achieve the most comfortable feel and response. Use the following procedure to adjust these parameters.

1. Press the SELECT button to display "SENS."
2. While hitting the pad, press ▲ or ▼ to adjust the pad's sensitivity as desired.
3. Press the SELECT button to display "INST."
4. While hitting the pad, press ▲ or ▼ to hear the different drum and percussion sounds.
5. Once you're done, use SELECT to return to the normal tempo screen as described above.

**Note:** For more detailed information on each individual parameter, refer to the parameter list on Pages 15 - 16 in the RMP-1 Owner's Manual.

## Coach Mode

The RM-2's Coach Mode is a unique set of exercise modes that maximize the practice experience. These modes are specifically designed to help build speed, accuracy and stamina, as well as develop better timing skills. Many of the Coach modes have programmable settings to suit the needs of a wide range of practicing abilities:

1. Press the SELECT button until COACH is flashing. When the display shows "COACH," the RM-2 enters Coach mode.
2. Press ▲ or ▼ and select the desired exercise.

*Note: Use the following list to choose one of the various exercises.*

3. Press the METRONOME button to begin the exercise.
4. Press METRONOME to stop.

## Accuracy and Timing Exercises

The following is a list of the practice exercises in the RMP-2. For more detailed information about the exercises, please refer to the Owner's Manual on Pages 18-21.

<i>Exercise</i>	<i>Abbreviation</i>
RHYTHMIC NOTES	rhy
TIME CHECK	tch
QUIET COUNT	qct
SPEED CHECK	spd
GRADUAL UP	G u
GRADUAL DOWN	G d
GRADUAL UP/DOWN	Gud
SET UP	S u
STEP DOWN	S d
STEP UP/DOWN	Sud
TIMER	t